

Dear Parents and Caregivers, Kia Ora Koutou

Welcome to week two and we are sorry about the weather on Friday and the cancellation of Pet day. This week is swimming for team Ako and also athletics and so trying to shift Pet Day was not an option.

This week we welcome another two teachers to staff for their training.

- Miss Clancy Brown will be with Year 5-6 under the support and guidance of Miss Gardyne
- Miss Westen Ingham will be with Year 0-1 under the support and guidance of Miss Grant

We have a full school assembly planned for Friday however it will be at 9.15 am so the junior school can continue with their swimming.

Athletics will be Wednesday 23rd and school sports shirts will be issued to as many children as we can and these will need to be washed and returned to school as quickly as you can.

The forecast is not great but it looks like the better day of the week. If Wednesday is no good then we will be looking for the next fine day.

Mon 10/21		16° / 1°	A couple of afternoon showers	Precip 69%
Tue 10/22		16° / 2°	A little afternoon rain	Precip 62%
Wed 10/23		12° / 1°	Cooler; a morning shower	Precip 44%
Thu 10/24		14° / 2°	An a.m. shower or two; cloudy	Precip 68%
Fri 10/25		12° / 4°	Cool with partial sunshine	Precip 25%

On Athletics day the children will certainly require hats and a drink bottle to be hydrated. Sunscreen is also an option to consider as well as a warm top for any wind that may pop up. There will be a BBQ on the day and other goodies to purchase.

We host Dorie school and also Ashburton Christian School so please welcome them openly and invite them to enjoy our school and what we offer.



Swimming Pool 2019-2020 Season - This season we are looking for a new person to oversee the pool maintenance and chemicals. It is an important position that Paul Counsel has done for a few years now however Paul is moving on to support family opportunities but will support a changeover for the new person. Please contact the office as soon as you can so we can open the pool at the end of November. Thank you.

Reminder: All calendar art orders need to be in by Friday so we can get everything back for the end of term.

Principal's Pondering and comment

In recent times we have some challenging situations at school with family members passing away due to illness and sometimes suddenly. For children, this can be a very tough time and so we feel it is important to offer you some resources that may support you as you navigate this grief and change.

The school can access counselling and support with Mana Ake and also the School-Based Mental Health team and currently I am exploring some support in the community so we can all support each other when these situations occur.

The Skylight Trust is well worth a look. They support people of all ages throughout New Zealand who are facing any kind of tough life situation but they specialise in grief, loss and trauma.



Skylight Counselling:

Skylight Counsellors specialise in supporting children, young people, family/whanau and individuals who are experiencing any kind of grief, loss and trauma. For more details please see our [website](https://www.skylight.org.nz/) <https://www.skylight.org.nz/> or contact our Counselling Coordinator by calling 0800 299 100 to discuss options near you.

Skylight Online Shop:

You can also view our catalogue outlining other resources, available for purchase, which might be helpful:

- [‘Answering a child’s questions about death and dying’](#) – Information leaflet
- [‘Understanding the losses children and young people face’](#) – A handbook for supporting children through loss
- [‘Grief is like a wave’](#) – Booklet for anyone going through grief.
- [‘Memories matter’](#) – A colourful box of cards full of different activities and ideas to remember someone special who has died and to celebrate their life.

Resilience Hub:

The [Skylight website](#) has many useful articles and links about grief and loss. Some relevant subjects might be:

- [bereavement](#)
- [loss and grief](#)
- [resilience](#)
- [suicide](#)

These webinars may also be helpful:

- [Grief 101 for Parents](#)
- [Parenting through Grief](#)

All the best, and please remember we are here to help.
Regards Mark and the team.

Connect with us

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